

PE AND SPORT NEWSLETTER

Blackwell First School

At Blackwell, we promote healthy and active lifestyles through our PE curriculum and wider sporting opportunities. From sports clubs to play leaders, sports trips and wake 'n' shake, we offer our children a broad and balanced range of sports and physical activities to support lifelong healthy habits. Welcome to our Spring PE and Sport Newsletter.

PE CURRICULUM

Each class takes part in weekly PE lessons. During these lessons a range of skills are taught, including dance, gymnastics, multi skills, athletics and games.

Our afternoon enrichment clubs offer a range of physical activities too including sports club and also country dancing.



new WnS

SPORTS CREW

Our BFS Sports Crew **Harry, Sophie and Isaac, Martha, Viraaj, Poppy** have been busy already this year. They have been busy judging Wake 'n' Shake competitions and they have also made two new Wake n Shakes which have been enjoyed by all.

They are looking forward to helping to organise sport's day during the summer term.



KS1 Rugby Tots

PLAY LEADERS

Now that our Play Leaders have had their training, they have begun leading games during play times. Lots of the other children have enjoyed playing their new games.



Play Leaders

Play Leaders: Poppy, Ryan, Emily, Rory, Charlotte, Donovan, Cassie, Leo, Isla and Owain.

EXTERNAL COACHES

Each year, we invite external coaches into school in order to develop the children's skills and experiences.

We currently have Rugby Tots sessions for year 1 and 2 children and Football sessions for children in year 3 and 4.



KS2 Football Club

ALL ACTIVE ACADEMY

This is a Bromsgrove based school sporting network that organises competitive inter school competitions as well as opportunities between schools. All of the children benefit from the network.

YEAR 3 GYMNASTICS

Earlier this half term, **Yellow Class** enjoyed participating in a gymnastics event at Meadows First school, trying out a range of multi skills activities.



TRAINING FOR STAFF

Here at BFS, we are always looking to update our staff skills in order to offer the best practice. During the Summer term, Carolyn Goddard from the All Active Academy will be coming into school to provide some games CPD for staff.

YEAR 2 DANCE FESTIVAL

Purple Class recently enjoyed participating in a Dance Festival at the Artrix. Here, they performed a 'Mary Poppins Medley' which included the song 'Sister Suffragette', linked to their recent History learning.



WAKE 'N' SHAKE

Congratulations to **Yellow Class** for winning the Wake 'n' Shake competition before half term.

CRICKET DAY

In April we will welcome the Worcestershire Cricket Foundation who will deliver a coaching session for children from reception onwards.



REMAINING SPORTS EVENTS

Friday 23rd May 2025 – **Sport's Day**

Thursday 26th June 2025 – **Reception Multi Skills Festival – details TBC**



If you have any comments, questions or suggestions, please do not hesitate to contact me.

Miss Bailey