

# Optional Homework for Green Class

## Globe trotters(3 weeks)/Happy and Healthy (3 weeks)

In light of feedback from Parent Questionnaires, we will continue to underline tasks that are more easily completed by children independently.

1 English (Communication, Reading and Writing)	2 Creative Arts (Music, Art, Dance)	3 Humanities (RE, Geography, History, Philosophy)	4 Mathematics and Technology (Maths, DT, IT, Science)
<p>In English, we will be reading the story of 'We're going on a lion hunt'. Create a story board/book or story map retelling the story. Use it to practise your oral retelling skills.</p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>recall story</li> <li>choose main parts</li> <li>illustrate and write clear sentences (CL, sound out, finger spaces, FS)/speak in full sentences</li> <li>check for sense</li> </ul>	<p><u>Look at the video to see some children taking part in some African drumming (link below). Have a try yourself.</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>choose an object to be your drum e.g. plastic lunch box, biscuit tin, upside down plastic flower pot (ask a grown up first)</li> <li>create your own rhythm that you can repeat</li> <li>repeat this rhythm again and again, perform</li> </ul>	<p>There are more than 50 countries in the continent of Africa and each has its own flag. Find out what some of the flags look like and use a map to find these countries.</p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>follow link below to find flags</li> <li>look carefully at them and notice how each is different</li> <li>choose 5 of your favourite flags</li> <li>locate these countries on a map (atlas or Google maps)</li> </ul> <p>Are they in the north, south, east or west of Africa?</p>	<p>Practise these mental maths facts:</p> <ul style="list-style-type: none"> <li>counting in 2s to 20 and back</li> <li>counting in 5s to 100 and back</li> <li>counting in 10s to 100 and back</li> <li>number bonds to 10 – e.g. 7+?</li> <li>doubles to 10+10</li> <li>halves of numbers to half of 20</li> <li>stating the tens and 1s to make a 2-digit number – e.g. 76= 70 and 6</li> </ul> <p>find the difference between 2 numbers below 20 by counting on e.g. 17 – 15= the difference between 15 to get 17 is 2 . N.B. This is only the most appropriate method when the numbers are close together.</p>
<p>Imagine you're in the middle of an African plain/safari. Describe what you can hear, see, smell, touch and even taste.</p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>use imagination to create a picture in your mind</li> <li>think of nouns that you might see e.g. land, trees, animals</li> <li>think of adjectives to tell us more about the nouns e.g. tall, leafy trees</li> <li>use your nouns and adjectives in a sentence e.g. I can see tall trees.</li> </ul>	<p><u>Design a postage stamp for Tanzania. It doesn't need to be small like a stamp. (Examples on reverse)</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>research different African stamp designs (online or by looking on reverse).</li> <li>choose your media such as computer programme, paint, collage, pastel</li> <li>add African patterns</li> </ul>	<p>We will be comparing physical and human Geographical features of parts of Africa with parts of the UK. Create a table and sort these features into human or physical. You can add in some pictures too if you like.</p> <p><i>mountain, river, shop, forest, lake, port, harbour, village, hill, church, beach, school, road, wood</i></p> <p><b>Focus</b></p> <ul style="list-style-type: none"> <li>sorting geographical features</li> </ul>	<p><u>Use your design and technology skills to create an African style shaker instrument.</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>collect materials from around the house (ask first)</li> <li>decide what you could use to create the sound</li> <li>join materials securely and strengthen weaker parts</li> <li>test and adapt your design</li> <li>decorate</li> </ul>
<p><u>Spelling – choose 8 words from the Year 1 list and create a wordsearch using them.</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>draw a grid or find some squared paper</li> <li>write your chosen spellings into the grid. To make it challenging you could write them forwards or backwards. Make sure you spell them correctly!</li> <li>fill in the other spaces with different letters</li> <li>see if someone can solve your puzzle</li> </ul>	<p><u>Create a dance to African music. Listen carefully to the music (link below) and then create movements that will match the music well.</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>listen and notice the tempo</li> <li>think of some movements that match the tempo of the music – you could take inspiration from weather, animals or plants as ideas</li> <li>put your movements into a sequence</li> <li>practise in time to the music for some of the track</li> </ul>	<p>During our Globe Trotter topic we will be considering the King's coronation. Do some research about King Charles 111 and present it in any way you wish. It could be a painting, a fact file, a family tree, a collage of pictures of things to do with the King such as his home or family.</p> <p><b>Focus</b></p> <ul style="list-style-type: none"> <li>research</li> <li>presenting in a way which is clear</li> </ul>	<p><b>HAPPY AND HEALTHY</b></p> <p>Use your typing skills to create a fact file about your favourite sport or sports person. It would be good to copy and paste a picture or two.</p> <p><b>Focus</b></p> <ul style="list-style-type: none"> <li>Accurate typing</li> <li>Using text effects</li> <li>Copy and pasting images</li> <li>Interesting presentation</li> </ul>
<p><b>HAPPY AND HEALTHY</b></p> <p><b>Speaking and listening</b></p> <p>How do we keep our bodies healthy? Create an instruction video to share in school. Make links to our PSHE learning where we were learning about healthy eating, brushing our teeth, exercising, getting enough sleep etc.</p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>speaking clearly in full sentences</li> <li>informing others</li> </ul>	<p><b>HAPPY AND HEALTHY</b></p> <p><u>Create your own Wake and Shake. Ask an adult to help you choose a piece of music and then pick movements to match the music.</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>choose big actions that will help wake you and your brain up</li> <li>put movements together to make a sequence</li> <li>repeat the sequence in time to the music</li> </ul>	<p><b>HAPPY AND HEALTHY</b></p> <p>Consider this philosophical question.</p> <p><i>Is it ever right that sports men and women get paid more than doctors, nurses and teachers?</i></p> <p><b>Focus</b></p> <ul style="list-style-type: none"> <li>consider both sides</li> <li>decide what you think</li> <li>write 2/3 reasons why you think what you do</li> </ul>	<p><b>HAPPY AND HEALTHY</b></p> <p><u>Athletes must keep fit and healthy. How do they do this? Think about our PSHE learning and create a healthy meal plan for a day with breakfast, lunch and dinner.</u></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>recall which foods are healthy</li> <li>draw 3 meals which would be good for an athlete to eat</li> <li>Try to include foods from all the food groups (remember that treats are ok to include some of the time)</li> </ul>
<p>Helpful websites</p> <p><a href="https://kids.kiddle.co/Flags_of_Africa">https://kids.kiddle.co/Flags_of_Africa</a> - flags of Africa</p> <p><a href="https://www.youtube.com/watch?v=vr4Us1ReCCE">https://www.youtube.com/watch?v=vr4Us1ReCCE</a> – example of African drumming</p> <p><a href="https://www.youtube.com/watch?v=rq9yhEkMXMU">https://www.youtube.com/watch?v=rq9yhEkMXMU</a> – African music for dance</p>			

Look at the activities above. The activities are divided into four columns. You need to choose one activity to complete each week. You must choose at least one activity in each column. After that the choice is yours.

- To help you organise your homework, it is a good idea to do a little every day. You can spend as long as you wish, but around one hour per week should be enough for most activities.
- If you have a brother or sister at Blackwell, you could work together on an activity.
- It is helpful if grown ups help you, but please do the work yourself.
- The work should be filed in your homework book. Examples of good homework will be displayed in the hall.

**Reading for this half term:** daily please for at least 10 minutes and make sure you talk about the book with someone.

### EXPECTATIONS

- Please complete written work in **pencil** and file into your homework book. Some work may require a photograph.
  - Present work in a way that is clear and easy for people to read
- Homework sheets will be sent home at the start of a topic and one piece can be handed in each MONDAY
- Activity sheets for English and Maths will be available from class teachers on Fridays if children request them during the week**
  - Feedback from the teacher will be provided in the workbook

# African Stamps



## Year 1

the	they	one
a	be	once
do	he	ask
to	me	friend
today	she	school
of	we	put
said	no	push
says	go	pull
are	so	full
were	by	house
was	my	our
is	here	
his	there	
has	where	
I	love	
you	come	
your	some	

### Spelling words

### Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Check the label on packaged foods

Each serving contains:

Energy	50	135	200	275
Fat	1.0g	1.8g	2.5g	3.3g
Sugar	0.0g	0.2g	0.5g	0.8g
Salt	0.0g	0.0g	0.1g	0.2g

If an adult's reference intake (RNI) value is given, it is shown as a percentage of the RNI.

Choose foods lower in fat, salt and sugars

5-8 a day

Water, lower fat milk, sugar-free drinks including tea and coffee all count.

Limit fruit juice and/or smoothies to a total of 150ml a day.

5000kcal = ALL FOOD + ALL DRINKS