

SCHOOLS MEALS – AUTUMN TERM 2

2022	31 st October Week 1	7 th November Week 2	14 th November Week 3	21 st November Week 4	28 th November Week 5	5 th December Week 6	12 th December Week 7
MONDAY	Pork Meatballs in a Tomato Sauce with Spaghetti ~~~ Vanilla Biscuit	Macaroni Cheese with Peas/Carrots ~~~ Pineapple & Coconut Cake	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Gingerbread Biscuit	Tomato & Vegetable Pasta ~~~ Vanilla Biscuit	Macaroni Cheese with Peas/Carrots ~~~ Fruit Salad	Pasta, Peas & Bacon ~~~ Banana & Blueberry Cake	Margarita Pizza with Salad ~~~ Yoghurt Pot
TUESDAY	Chicken Curry with Rice ~~~ Fruit Salad	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Custard Biscuit	Cottage Pie Mixed Vegetables ~~~ Fruit Salad	Pork Meatballs in a Tomato Sauce with Spaghetti ~~~ Pineapple & Coconut Cake	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Blueberry Muffin	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Lemon Biscuit	Chicken Goujons & Wedges ~~~ Gingerbread Biscuit
WEDNESDAY	Chili Con Carne with Cous Cous ~~~ Iced Fruit Cake	Sausage in a Bun with Corn on the Cob ~~~ Blueberry Muffin	Chicken & Tarragon Supreme with Fusilli ~~~ Lemon Biscuit	Chicken Curry with Rice ~~~ Gingerbread Biscuit	Spaghetti Bolognaise ~~~ Cranberry & Orange Cookie	Tomato & Vegetable Pasta ~~~ Jam & Coconut Sponge Cake	Christmas Lunch ~~~ Trifle or Mince Pie
THURSDAY	Pasta, Peas & Bacon ~~~ Fruity Flapjack	Tomato & Vegetable Pasta ~~~ Gingerbread Biscuit	Sausage, Mash & Beans ~~~ Fruity Flapjack	Chili Con Carne with Cous Cous ~~~ Iced Fruit Cake	Sausage in a Bun with Corn on the Cob ~~~ Custard Biscuit	Sausage, Mash & Beans ~~~ Oat & Raisin Cookie	Pork Meatballs in a Tomato Sauce with Spaghetti ~~~ Fruit Salad
FRIDAY	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Yoghurt Pot	Salmon Bites with Rice & Broccoli ~~~ Banana Bread	Bean Burritos with Diced Potatoes ~~~ Cranberry & Orange Cookie	Fish Pie ~~~ Yoghurt Pot	Bean Burritos with Diced Potatoes ~~~ Fruity Flapjack	Salmon Bites with Rice & Broccoli ~~~ Cranberry & Orange Cookie	Beef Burger ~~~ Christmas Ice-cream
All children will receive the main meal unless registered for vegetarian or specific dietary requirements i.e. gluten intolerance							