

'Baby Yoga' at Blackwell First School

Mummy or Daddy and baby come along and join us for BABY YOGA in our School Room.

New four week taster course starting

Monday 20th January 2020

from 1.30-2.30pm.

Ages: 3 months to mobile

All you need to bring is yourselves and your baby and a willingness to start a lifelong journey of wellbeing for your baby. We'll provide the rest!

**Monday
afternoons
1.30-2.30pm
£7 per session**

**(includes drink and
a snack for your
little one and a hot
drink for the
grownups)**



Sessions for the Spring term

20.1.20

27.1.20

3.2.20

10.2.20

£28 payable on the first day or in advance to the school office.

24.2.20

2.3.20

9.3.20

16.3.20

23.3.20

30.3.20

£42 payable on the first day or in advance to the school office.

Bring along your baby (ages 0-mobile) to start a yoga journey.

All sessions planned and delivered by a qualified Blackwell First School teacher and yoga teacher.

For details of how to reserve your place, please contact the school office: 0121 445 1622

office@blackwell.worcs.sch.uk