

SCHOOLS MEALS – Autumn TERM 1

2021	6 th September Week 1	13 th September Week 2	20 th September Week 3	27 th September Week 4 (Trips- sandwiches)	4 th October Week 5	11 th October Week 6	18 th October Week 7 (Trips- sandwiches)
MONDAY	Macaroni Cheese with Peas & Carrots ~~~ Cookie	Pasta, Peas & Bacon ~~~ Fruity Flapjack	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Carrot Cake	Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit	Pasta, Peas & Bacon ~~~ Fruity Flapjack	Margarita Pizza with Salad ~~~ Oat & Raisin Cookie	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Orange & Sultana Cookie
TUESDAY	Spaghetti Bolognese ~~~ Fruit Salad	Cottage Pie with Mixed Vegetables ~~~ Strawberry Thumbprint Cookie	Beef Burger with Salad ~~~ Fruit Salad	Cottage Pie with Mixed Vegetables ~~~ Strawberry Thumbprint Cookie	Pork Meatballs in a Tomato Sauce & Spaghetti ~~~ Apple Crumble Cake	Chicken Goujons with Wedges & Salad ~~~ Custard Biscuit	Chicken & Tarragon Supreme with Fusilli Pasta ~~~ Fruit Salad
WEDNESDAY	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Anzac Biscuit	Pork Meatballs in a Tomato Sauce & Spaghetti ~~~ Apple Crumble Cake	Sausage, Mash, Peas & Gravy ~~~ Yogurt	Chicken & Tarragon Supreme with Fusilli Pasta ~~~ Banana Bread	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Anzac Biscuit	Spaghetti Bolognese ~~~ Jam & Coconut Sponge	Chili Con Carne with Wedges ~~~ Strawberry Thumbprint Cookie
THURSDAY	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Custard Biscuit	Margarita Pizza with Salad ~~~ Oat & Raisin Cookie	Chicken Goujons with Wedges & Salad ~~~ Custard Biscuit	Cowboy Casserole with Rice ~~~ Carrot Cake	Tomato & Vegetable Pasta ~~~ Fruit Salad	Sausage, Mash and Baked Beans ~~~ Fruity Flapjacks	Sausage in a Bun with Corn on the Cob ~~~ Yogurt
FRIDAY	Fishcakes with Golden Vegetable Rice ~~~ Banana Bread	Glazed Salmon with Egg Fried Rice ~~~ Yogurt	Tomato & Vegetable Pasta ~~~ Oat & Raisin Cookie	Cod Bites with Wedges ~~~ Shortbread	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Orange & Sultana Cookie	Glazed Salmon with Egg Fried Rice ~~~ Yogurt	TED