

# SCHOOLS MEALS – Spring TERM 1

2022	3 <sup>rd</sup> January Week 1	10 <sup>th</sup> January Week 2	17 <sup>th</sup> January Week 3	24 <sup>th</sup> January Week 4	31 <sup>st</sup> January Week 5	7 <sup>th</sup> February Week 6	14 <sup>th</sup> February Week 7
MONDAY		Pasta, Peas & Bacon ~~~ Vanilla Shortbread Biscuit	Tomato & Vegetable Pasta ~~~ Oat & Raisin Cookie	Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit	Margarita Pizza with Salad ~~~ Yoghurt	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie	Tomato & Vegetable Pasta ~~~ Ginger Biscuit
TUESDAY	<b>TED</b>	Cowboy Casserole with Rice ~~~ Apricot Cake	Chili Con Carne with Cous Cous ~~~ Strawberry Thumbprint Cookie	Spaghetti Bolognaise ~~~ Vanilla Shortbread Biscuit	Pork & Apple Casserole with a Vegetable medley ~~~ Fruit Salad	Chicken Chasseur with Green Beans & New Potatoes ~~~ Vanilla Shortbread Biscuit	Pork & Apple Casserole with a Vegetable medley ~~~ Fruit Salad
WEDNESDAY	Margarita Pizza with Salad ~~~ Yoghurt	Spaghetti Bolognaise ~~~ Ginger Cake	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Apricot Cake	Chicken Chasseur with Green Beans & New Potatoes ~~~ Oat & Raisin Cookie	Chicken & Tarragon Supreme with Fusilli Pasta ~~~ Custard Biscuit	Sausage, Mash and Baked Beans ~~~ Custard Biscuit	Chili Con Carne with Cous Cous ~~~ Carrot Cake
THURSDAY	Chili Con Carne with Cous Cous ~~~ Strawberry Thumbprint Cookie	Chicken Goujons with Wedges & Salad ~~~ Fruity Flapjack	Sausage, Mash, Peas & Gravy ~~~ Custard Biscuit	Sausage in a Bun with Corn on the Cob ~~~ Shortbread	Cowboy Casserole with Rice ~~~ Ginger Biscuit	Spaghetti Bolognaise ~~~ Fruity Flapjacks	Chicken & Tarragon Supreme with Fusilli Pasta ~~~ Oat & Raisin Cookie
FRIDAY	Fishcakes with Golden Vegetable Rice ~~~ Fruit Salad	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie	Creamy Salmon with New Potatoes & Leeks ~~~ Anzac Biscuit	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Yoghurt	Cod Bites with Wedges ~~~ Orange & Sultana Cookie	Creamy Salmon with New Potatoes & Leeks ~~~ Jam & Coconut Sponge	<b>TED</b>

Please note – All children will receive the main meal unless registered for vegetarian/vegan or specific dietary requirements.  
There is a separate menu option for vegetarian/vegan. Dietary requirements will have a specifically adapted option based on the main menu.