

DISHES AND THEIR ALLERGEN CONTENT – THE BLACKWELL KITCHEN AUTUMN TERM 1 & 2 - 2017

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti Bolognese		✓			✓									
Fruit Salad														
Roast Chicken, Roast Potatoes, Mixed Veg & Gravy														
Rice Pudding and Fruit Compote							✓							
Poached Salmon, Tom & Veg Sauce & Rice					✓									
Fruity Flapjack		✓												✓
Macaroni Cheese		✓					✓		✓					
Oat & Raisin Cookie		✓					✓							✓
Fish Cakes with Rainbow Rice		✓		✓	✓		✓							
Lemon Drizzle Cake		✓		✓			✓							
Sausage, Mash & Beans		✓												
Sticky Toffee Pudding		✓		✓										
Baked Pot, Tuna Mayo, Cheese, Beans & Salad					✓		✓							
Carrot Cake		✓		✓										
Margherita Pizza & Salad		✓					✓							
Blackberry Muffin		✓		✓			✓							

Chicken & Mushroom Supreme with Fusilli		✓				✓								
Custard Biscuit		✓		✓		✓								
Shepherds Pie, Broccoli/Cauli		✓			✓									
Berry Crumble and Custard		✓				✓								
Cowboy Casserole with Couscous		✓			✓									
Strawberry Surprise		✓				✓								
Fruity Jelly														
Tom & Veg Pasta		✓												
Chicken Wrap with Salad		✓				✓								
Salmon Popcorn		✓		✓										
Jam Roly Poly & Custard		✓				✓								
Lamb Casserole		✓			✓									
Pumkin Soup & Bread	✓	✓												
Chicken Meatballs in Tom Sauce & Spahett		✓		✓		✓								
Chicken Nuggets		✓		✓										
Christmas Dinner		✓												
Fruit Sponge		✓		✓		✓								
Lasagne and salad		✓		✓		✓								
Gingerbread Biscuit		✓		✓										

Review date: 23.8.17

Reviewed by: Sharon Barker



You can find this template, including more information at www.food.gov.uk/allergy