

SCHOOLS MEALS – AUTUMN 2017 TERM 1

2017	4 th September Week 1	11 th September Week 2	18 th September Week 3	25 th September Week 4	2 nd October Week 5	9 th October Week 6	16 th October Week 7
MONDAY	TE DAY	Pasta, Peas & Bacon ~~~ Oat & Raisin Cookie	Margherita Pizza & Salad ~~~ Berry Muffin	Tomato & Vegetable Pasta ~~~ Carrot Cake	Macaroni Cheese & Peas ~~~ Anzac Biscuit	Pasta, Peas & Bacon ~~~ Oat & Raisin Cookie	Margherita Pizza & Salad ~~~ Berry Muffin
TUESDAY	TE DAY	Toasted Chicken Wrap with Salad ~~~ Fruit Salad	Chicken & Mushroom Supreme with Fusilli ~~~ Custard Biscuit	Chicken Chasseur with Mixed Vegetables ~~~ Oat & Raisin Cookie	Chicken Nuggets with Rainbow Salad ~~~ Fruit Sponge	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Fruity Flapjack	Chicken & Mushroom Supreme with Fusilli ~~~ Custard Biscuit
WEDNESDAY	Spaghetti Bolognese ~~~ Strawberry Surprise	Beef Casserole & Dumplings with Broccoli/Cauliflower ~~~ Rice Pudding with Fruit Compote	Cottage Pie with Broccoli/Cauliflower ~~~ Berry Crumble & Custard	Lasagne & Salad ~~~ Sticky Toffee Pudding & Cream	Spaghetti Bolognese ~~~ Strawberry Surprise	Beef Casserole & Dumplings with Broccoli/Cauliflower ~~~ Rice Pudding with Fruit Compote	Cottage Pie with Broccoli/Cauliflower ~~~ Berry Crumble & Custard
THURSDAY	Pork and Apple Casserole with Mixed Vegetables ~~~ Cranberry Cookie	Sausage, Beans & Mash ~~~ Fruit Sponge	Cowboy Casserole with Couscous ~~~ Jam & Coconut Sponge	Roast Pork, Roast Potatoes, Carrots & Gravy ~~~ Lemon Drizzle Cake	Pork and Apple Casserole with Mixed Vegetables ~~~ Cranberry Cookie	Sausage, Peas, Mash & Gravy ~~~ Fruit Sponge	Cowboy Casserole with Couscous ~~~ Jam & Coconut Sponge
FRIDAY	Poached Salmon & Rice ~~~ Fruity Flapjack	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Carrot Cake	Fish Cakes with Rainbow Rice ~~~ Gingerbread Biscuit	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Fruit Salad	Poached Salmon & Rice ~~~ Fruity Flapjack	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Carrot Cake	Fish Cakes with Rainbow Rice ~~~ Gingerbread Biscuit

All children will receive the main meal unless registered for vegetarian or specific dietary requirements i.e. gluten intolerance