

SCHOOLS MEALS – AUTUMN TERM 2

2018	5 th November Week 1	12 th November Week 2	19 th November Week 3	26 th November Week 4	3 rd December Week 5	10 th December Week 6	17 th December Week 7
MONDAY	Macaroni Cheese with Peas & Carrots ~~~ Fruit Salad	Pasta, Peas & Bacon ~~~ Fruity Flapjack	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Fruit Salad	Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Orange & Sultana Cookie	Tomato & Vegetable Pasta ~~~ Fruity Flapjack	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Lemon Biscuit
TUESDAY	Cowboy Casserole Casserole with Rice ~~~ Lemon Biscuit	Cottage Pie with Broccoli/Cauliflower ~~~ Cranberry Biscuit	Lamb Stew with Dumplings & Mixed Vegetables ~~~ Lemon Biscuit	Pork Meatballs in a Tomato Sauce & Spaghetti ~~~ Ginger Biscuit	Lamb Stew with Dumplings & Mixed Vegetables ~~~ Lemon Biscuit	Lasagne with Salad ~~~ Jam & Coconut Sponge	Pork and Apple Casserole with Broccoli/Cauliflower ~~~ Fruit Salad
WEDNESDAY	Lasagne with Salad ~~~ Anzac Biscuit	Chicken Goujons with Rainbow Rice ~~~ Rice Pudding with Apple Compote	Sausage, Mash and Beans ~~~ Jam & Coconut Sponge	Chicken Chasseur with New Potatoes ~~~ Sticky Toffee Pudding with Custard	Cottage Pie with Broccoli/Cauliflower ~~~ Apricot & Blueberry Cake	Chicken Goujons with Rainbow Rice ~~~ Yogurt Pot	Chicken and Tarragon Supreme with Fusilli ~~~ Gingerbread Christmas Trees
THURSDAY	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Orange & Sultana Cookie	Pork and Apple Casserole with Broccoli/Cauliflower ~~~ Pear & Date Sponge	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Banana & Apple Sponge	Chili Con Carne with Cous Cous ~~~ Carrot Cake	Chicken Curry with Rice ~~~ Fruit Salad	Sausage Roll & Beans ~~~ Banana & Apple Sponge	Beef Burger with Salad ~~~ Rice Pudding with Apple Compote
FRIDAY	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Yogurt Pot	Poached Salmon with Rice & Green Beans ~~~ Ginger Biscuit	Margarita Pizza with Salad ~~~ Cranberry Biscuit	Fish Stars with Mixed Vegetables ~~~ Banana Bread	Pasta, Peas & Bacon ~~~ Custard Biscuit	Christmas Lunch with all the Trimmings ~~~ Mince Pie or Trifle	Poached Salmon with Rice & Green Beans ~~~ Carrot Cake

All children will receive the main meal unless registered for vegetarian or specific dietary requirements i.e. gluten intolerance